

BLUE MOUNTAIN ACTIVITIES
OUTDOOR ADVENTURE ACTIVITY PROVIDER & CONSULTANT

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COURSE:

SURNAME

FIRST NAME

SEX M/F

HOME ADDRESS & POST CODE

HOME CONTACT TELEPHONE

If you may need to borrow waterproofs or wellies please provide your details:

Height:

Chest:

Waist:

Shoe size:

DETAILS OF ANY MEDICAL CONDITION, ILLNESS, MEDICATION OR DISABILITY THAT WE SHOULD BE AWARE OF:

TO BE SIGNED BY ALL PARTICIPANTS:

Adventure activities may include; rock climbing, abseiling, cave or mine exploration, canoeing, kayaking, hill walking, mountaineering, rock scrambling, gorge walking, orienteering, mountain biking, high /low ropes course, problem solving and team building activities, navigation, paddle surfing, sea level traversing, and coastering.

I am confident in water and can swim 50m

Outdoor activities involve an element of risk and accidents do happen, however, safety is of paramount importance and Blue Mountain Activities ensures that the level of risk is acceptable in order to maintain appropriate safety standards.

I have read the course outline above, understand the nature of the course and agree to follow all safety guidance

SIGNED:

DATE:

Please return this form as soon as you are able to your group organiser.