

High Adventure Block Scheduled Programs

<i>Activity</i>	<i>Description</i>	<i>Cost</i>	<i>Times Offered</i>	<i>Minimum & Maximum #s</i>
Cable Water Skiing	This program will be offered at Rother Valley. It will not be possible to complete Water-skiing Merit Badge, but it will be fun for Scouts aged 12 or over. If you want to see what this is like, go to http://sheffieldcablewaterski.com/Albums.aspx . You will need a towel, wetsuits are provided.	£13.00 <small>(under 16)</small> £18.00 <small>(over 16)</small>	Monday afternoon or Wednesday afternoon.	??
Caving (Spelunking)	BPHAC is located in a great area for caving. There are numerous caverns located within an hour of the camp. The guide is an experienced local instructor. Participants need to bring old clothes, boots (waterproof), flashlight, and a change of clothes (for the trip back). All special equipment will be provided.	£35.00	All day Thursday.	Minimum: 5 Maximum: 16
Challenge Hike	An overnight hike in the rugged countryside of the Peak District National Park. Required equipment is listed on page 12 of this guide. The hike ends at the site of the advanced climbing activity.	£10.00	Wednesday morning to Thursday morning.	??
Climbing & Rappelling – All Day	The all day climbing, taken together with one of the half-day climbing sessions, will allow Scouts to complete most of the requirements for Climbing Merit Badge. The all day session takes place on one of the UK's most impressive climbing areas – Stanage Edge – which has over 800 different climbs. You will need sturdy hiking or climbing boots and gloves. Helmets, ropes etc. will be provided.	£35.00	All day Monday.	Minimum: 5 Maximum: 8

***Minimum Age for All High Adventure Activities is 12, except for Caving where the minimum age is 14.
For All Water-Based Activities, Participants Must Have Been Classed as Swimmer in the Swim Tests.
Participants should ensure that they bring raingear with them on every high adventure activity.
There will not be any exceptions to these requirements under any circumstances.***

*All necessary specialist and safety equipment will be provided. Bagged lunches will also be provided for all day activities.
Where Maximum Numbers are indicated by “??” the maximum number will depend on the maximum number of people we can transport.*

Activity	Description	Cost	Times Offered	Minimum & Maximum #s
Climbing & Rappelling – Half Day	There are climbs for novice to very experienced climbers within a half-hour of camp. You will need sturdy hiking or climbing boots and gloves. Helmets, ropes etc. will be provided. Scouts who take the half-day and all day climbing sessions can complete most requirements for Climbing Merit Badge.	£20.00	Tuesday morning or Tuesday afternoon.	Minimum: 5 Maximum: 8
Gorge Walking	Make your way up a deep gorge fighting back river water as you go, scrambling over rocks and avoiding freezing cold river pools! You will need a towel and change of clothes.	£20.00	Thursday morning.	Minimum: 5 Maximum: 8
Kayaking – An Introduction	This will be offered offsite at Pugney's Country Park. Local instructors will teach basic kayaking skills from the wet exit to rolls. This introduction to kayaking is exciting and fun. You will need a towel, change of clothes and lightweight shoes.	£12.00	Sunday afternoon or Wednesday afternoon.	Minimum: 5 Maximum: 8
Mountain Biking	This activity has changed in recent years and now takes place in a nearby national park (using mountain bikes) and not in the campsite. Cost includes guide, bike rental and helmet.	£16.00	Monday morning or Tuesday morning.	Minimum: 6 Maximum: 8
Viaduct Abseiling	Not quite bungee jumping – but close. This activity involves “free-fall rappelling” from the middle of a railway viaduct arch. Not to be missed - apparently.	£20.00	Wednesday morning or Wednesday afternoon.	Minimum: 5 Maximum: 8

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